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Editorials:**AYURVEDA & COVID-19**

The cases of COVID-19 are being increasing in other countries specially China and the hike may be expected in number of cases in India. BF-7 a new strain of the corona virus has been detected and said to be more powerful than the previous ones. Still the fatality of this infection is not yet clearly understood.

As per ayurveda, the Hemant and Shishir Rutucharya in winter season in India are to be adopted. *Snigdha, Guru, Ushna Aahar Vihaar* and *Pathya Aushadhi Chikitsa* have to be advised.

As far as BF-7 corona virus and its infection is considered, the ministry of health and AYUSH has suggested the same prevention measures like hand sanitization, wearing the mask, social distancing and the other previous COVID-19 protocols.

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